



JAMES DANIEL HOLMAN
RESCUE & SAFETY TRAINING

YACHT CREW · STAY SAFE

FIRST DAY ABOARD

Before you start duties you should be shown the boat's safety equipment and what to do in an emergency. One page to tick off on day one.



16 CHECKS

PRINT · A4

FREE

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DAY ONE

FIRST DAY ABOARD

Before you start duties you should be shown the boat's safety equipment and what to do in an emergency. Ask for it if it does not happen. Tick each one off.

**FIND AND TOUCH**

- ☐ Your muster station and lifejacket
- ☐ Immersion suit (if carried)
- ☐ Fire extinguishers on your deck
- ☐ Fire alarm call points
- ☐ Escape routes from your cabin and work area
- ☐ EEBD (emergency escape breathing device), if carried
- ☐ First aid kit and AED
- ☐ Liferafts and how they launch

**KNOW AND ASK**

- ☐ General emergency alarm and what it means
- ☐ Who you report to in an emergency
- ☐ Your duties on the muster list
- ☐ Man overboard signal and your job
- ☐ Where the EPIRB and SART are
- ☐ Watertight and fire doors: keep them closed
- ☐ Lifebuoys and danbuoy positions
- ☐ How to call the bridge from anywhere

SHOWN BY

CHECKED BY

DATE

SIGNED

FROM THE TRAINING GROUND

Count the steps from your bunk to the nearest exit. In smoke you will not see it.

ABOUT THE AUTHOR

JAMES DANIEL HOLMAN

RESCUE TRAINER · STCW INSTRUCTOR · RYA SRC EXAMINER

I train yacht crew in Gibraltar and Spain. This book is built from the questions captains, crew and crew agents bring to my classroom.

**FORMER
FIREFIGHTER AND
EMT**

**RYA SRC (VHF)
EXAMINER**

**RYA POWERBOAT
LEVEL 2
INSTRUCTOR**

**LEAD STCW
INSTRUCTOR,
GIBRALTAR**

WHY THIS BOOK

New crew arrive aboard every season without a proper safety tour. This checklist makes sure you get one on day one.

Drills on your yacht

Man overboard, fire, casualty and abandon ship drills run on board, for the whole crew.

More crew tools

Superyacht CV Pack, Sea Time & MLC Pack, Safety at Sea Pack, Passage Planning Pack and Interior & Guest Service Pack, on Etsy. Free guides at jamesdanielholman.com/crew.html

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